

City of Torrance

5-0 and on the go!

Promoting fitness, fun, and friendships

MAY/JUNE 2017

"Creating and Enriching Community through People, Programs and Partnerships"

18th Annual Senior Faire

Saturday

May 13, 2017

9:30 a.m. to 2:30 p.m.

Ken Miller Recreation Center

3341 Torrance Blvd • Torrance

Celebrating Older Americans month
"Age Out Loud"

■ Arts & Crafts ■ Entertainment

Blood Pressure ■ Refreshments

■ Community Resource Information

Free "Trishaw" Rides!



City of Torrance Community Services Department • Recreation Division

310/618-2930 • www.Recreation.TorranceCA.Gov

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LOS ANGELES COUNTY
**CONSUMER &
BUSINESS AFFAIRS**



SUPERVISOR JANICE HAHN
& Torrance Community Services Department invite you to a:

Smarter Senior Forum



Tuesday, May 16th, 2017
10:30 a.m. - 12:00 p.m.

Katy Geissert Civic Center Library
3301 Torrance Blvd
Torrance, CA 90503



Enjoy a FREE Trishaw Ride
(310) 346-9516



County of Los Angeles
Department of Workforce
Development, Aging and
Community Services



Listen To Great Presentations On:

- **Spotting and Avoiding Common Consumer Scams**
- **Wills, Trusts and Advanced Health Care Directives**
- **Learn tips to preserve your memory and how caregivers can help**
- **Recognizing Signs of Physical, Emotional and Financial Elder Abuse**

dcba.lacounty.gov

Information: Alex Rodriguez (213) 974-9969

Funded by a grant from the County of Los Angeles Department of Workforce Development, Aging and Community Services



DOO WOP REVIEW



Wednesday, May 31, 2017

LEAVES FROM WILSON PARK at 10:00 a.m.

RETURNS at approximately 4:30 p.m.

Torrance resident fee: \$99.00

Non-resident fee: \$109.00

Enjoy the sounds and memories of the 1950's and '60s through this production of *Doo Wop - Revisited - A Musical Tribute* to the sounds of street corner harmonies and youthful memories of some of the greatest music ever written and performed, Doo-Wop! Our *Doo Wop - Revisited* experience features a tribute to two of the greatest vocal acts who have ever topped the charts in the world of Doo Wop; Elmer Armstrong's tribute to *The Platters* and *The Drifters*. Both acts had a string of hits throughout their career such as *Twilight Time*, *Only You*, *The Great Pretender*, *The Magic Touch*, *Up on the Roof*, *Under the Boardwalk*, *This Magic Moment*, and so many more memorable sing-along songs you're sure to remember. But first, we'll enjoy the opening act featuring *The Dukes of Doo Wop* to warm things up with their amazing street corner Acappella vocal abilities and entertainment style in doing a medley of Doo Wop hits from the '50s and '60s. For lunch we'll go to *Buca di Beppo* in Huntington Beach for a scrumptious family-style Italian meal.

CARLSBAD KALEIDOSCOPE

Thursday, June 22, 2017

LEAVES FROM WILSON PARK at 8:00 a.m.

RETURNS at approximately 5:30 p.m.

Torrance resident fee: \$89.00

Non-resident fee: \$99.00



Established in 1931 by Robert M. Shipley, the *Gemological Institute of America (GIA)* in Carlsbad, CA, is the world's leading authority and educator on diamonds, colored stones, and pearls. Visitors to the GIA headquarters have an opportunity to learn about the Institute's world-renowned educational programs, explore gem and jewelry exhibits, visit the *Richard T. Liddicoat Gemological Library & Information Center* and see the *Tower of Brilliance*; the world's largest crystal octahedron. The *Museum of Making Music*, founded in 1998 and opened to the public in March 2000, the Museum celebrates the music products industry's rich history from 1900 to today. From the marches and rags of the early 1900s, through the evolutionary sounds of jazz, folk, rock 'n roll and pop, to the cross cultural expressions of today's connected world. For lunch we'll go to *BJ's Restaurant & Brewhouse* where we'll each have our choice of BJ's Brewhouse Cheeseburger; BJ's Blonde Fish and Chips; California Chicken Club Sandwich; or BBQ Chicken Chopped Salad all served with beverage and dessert.

WALT DISNEY CONCERT HALL *Rodgers, Hammerstein, and the Organ*

Sunday, July 9, 2017

LEAVES FROM WILSON PARK at 10:15 a.m.

RETURNS at approximately 5:45 p.m.

Torrance resident fee: \$99.00

Non-resident fee: \$109.00



Among American composers, Rodgers and Hammerstein would be at the forefront of most people's minds of greats, but in the musical theatre world they stand alone as the most loved writing duo of all time. In this concert, the Cal Phil, along with soloists *Annalise Staudt* and *Kevin Earley*, will take us on a walk along Broadway with some of the hit songs from the musicals *Oklahoma*, *Sound of Music*, *Carousel*, *South Pacific*, and *The King and I*. Within the elegant modern look of the Disney Hall, rests an oft sleeping giant that is the *WDCH organ*. On this day, we wake the beast for the relentlessly powerful and beautiful *Organ Symphony* by Frenchman Camille Saint-Saens, along with the rarely performed *Festival Prelude* by Richard Strauss. We'll stop for lunch on our own at L.A. Live!



THE BEST OF LITTLE ITALY



Wednesday, August 23, 2017

LEAVES FROM WILSON PARK at 8:00 a.m.

RETURNS at approximately 5:30 p.m.

Torrance resident fee: \$97.00

Non-resident fee: \$107.00

Our amazing behind the scenes sightseeing experience begins as you get a one of a kind glimpse into the Italian quarter - **Little Italy, San Diego** - a neighborhood with an Italian presence since 1871. Six thousand families of Genovese and Sicilian origin once called this home. The salty sea air, the ready-made port, the date palms, bougainvillea, geraniums, olive trees and cactus plants reminded many Italians of their sunny fishing villages back home. Discover hidden neighborhood Little Italy landmarks along the way that chart their story through time: their beautiful church with stunning religious art-frescoes, oil paintings and stained glass; historic homes from the 19th century; artifacts from the days when the Genovese & Sicilian fishermen dominated the seas; the Prohibition era, when for a brief time the infamous Black Hand intimidated from the shadows; plus, a visit to an Italian grocery store built in the 1920's & much more! We'll stop for hand-tossed pizza and antipasto at one of Little Italy's oldest restaurants.

AROUND THE WORLD IN A DAY



Thursday, September 21, 2017

LEAVES FROM WILSON PARK at 8:30 a.m.

RETURNS at approximately 5:30 p.m.

Torrance resident fee: \$90.00

Non-resident fee: \$100.00

One of the greatest things about living in Southern California is that we can travel around the world without ever getting on an airplane. Like many big cities, Los Angeles has its share of ethnic pockets where those from far off lands congregate to live and eat. In this fun tour, we'll be joined by **John Daugherty**, our guide for the day as we set out to explore the many cultures that make up the **City of Angels**. We'll take a drive through **Chinatown**, see the thriving Japanese community of **Little Tokyo**, and stop off for a taste of Mexico at **Olvera Street**. We'll also tour **St. Sophia's Greek Orthodox Cathedral**, and pass through the **West Adams** area, including a drive past **Hattie McDaniel's Home**. For lunch we'll go to **HMS Bounty** where we'll each have our choice of Roasted Chicken; Pork Chops; Salmon; Steak; or Fish & Chips.

CALENDAR OF EVENTS

May 13 9:30 a.m. – 2:30 p.m.	18th Annual Senior Faire "Age Out Loud!"	Ken Miller Recreation Center 3341 Torrance Blvd., Torrance
May 16 10:30 a.m. – 12 noon	Smarter Senior Forum	Katy Geissert Civic Library Meeting Room
May 20 1:30 – 3:30 p.m.	58th Annual Armed Forces Day Parade	Along Torrance Blvd. between Crenshaw Blvd. and Madrona Ave.
May 22 12:00 – 2:30 p.m.	Memorial Day Celebration <i>Friends of South Bay Village</i>	Walteria Senior Citizens Center 3855 W. 242 nd St. in Torrance
June 2 9:00 – 11:00 a.m.	Torrance Travelers Tours Registration	Ken Miller Recreation Center 3341 Torrance Blvd. in Torrance
June 14 10:00 a.m. – 12 noon	Seniors Don't Be Scammed! "Current Trends on Scamming Seniors"	Katy Geissert Civic Library Meeting Room
June 19 9:00 – 11:00 a.m.	Summer Beach Fun! <i>Friends of South Bay Village</i>	Walteria Senior Citizens Center 3855 W. 242 nd St. in Torrance

WALTERIA PARK SENIOR CITIZENS CENTER

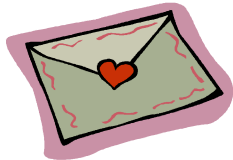
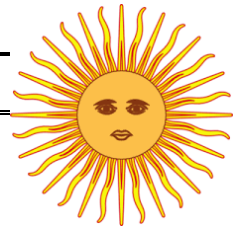
3855 W. 242nd Street – 310/378-3862

MONDAY 12:00 noon to 4:00 p.m. * Table Games and Pinochle *

THURSDAY 12:00 noon to 4:00 p.m. * Table Games and Hand & Foot *

Coffee and cookies always just 30¢!

Experience Monday Pinochle! Drop in any time and get in the game! We're working on forming a Bridge group, so if you're into Bridge, give us a call any Monday from 12 noon to 4:00 p.m. and let's get started.



Torrance Loving Care "TLC" Tuesdays

First Tuesday ~ 9:30 - 11:30 a.m.

Tillim Senior Center 3612 W. Artesia Blvd., Torrance 310/329-1889

Join our monthly crafts workshop on the first Tuesday of each month and create greeting cards, which are sent to many helping organizations including Children's Hospital, women's shelters, Veteran's Hospital, and our men and women serving in the Armed Forces.

FRIDAY RECREATION CENTER SENIORS

Ken Miller Recreation Center - - - - 3341 Torrance Blvd.

Fridays only * (Near Madrona and Torrance Blvd., behind the Torrance Plunge)

Intermediate Cardio Salsa* 9:25 - 10:55 a.m.

Fee: \$45.00/Semester (spring term 3/27/17 - 6/16/17)

Engage in an aerobic work-out while learning new dance steps and routines for physical fitness and performance.

This class is for those who have taken Beginning or who have some experience in Latin or ballroom dance.

Beginning Cardio Salsa * 11:05 a.m. - 12:35 p.m.

Fee: \$45.00/Semester (spring term 3/27/17 - 6/16/17)

Roland teaches you salsa, meringues, and line dancing all in this terrific aerobic work-out!

Classes are offered in cooperation with Torrance Adult School Older Adult Program (310/533-4689)

and the City of Torrance Community Services Department.



Tillim Movie Matinee! Join us for movies at Tillim Center!

First Wednesday of Each Month at 12:30 p.m.

May 3, 2017: *Bell, Book, and Candle*

Not Rated

Featuring: James Stewart, Kim Novak, and Jack Lemmon

June 7, 2017: *Driving Miss Daisy*

Rated PG

Jessica Tandy, Morgan Freeman, and Dan Aykroyd

Movie for July: *Yankee Doodle Dandy*





BARTLETT SENIOR CITIZENS CENTER

1318 Cravens Avenue 310/320-5918

HOURS: MONDAY through SATURDAY – 8:00 a.m. to 4:00 p.m. SUNDAY - 12:30 to 4:00 p.m.

Hot, nutritious lunches served MONDAY through FRIDAY at 11:30 a.m. for the low cost of \$2.50. Please make reservations at least 24 hours in advance. If you need to cancel, please call so that others may take your place.

Card Games, Table Games, and Pool playing all day, every day, plus the following scheduled activities:

MONDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$69.00/Term (3/27/17 - 6/16/17) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
	9:30 a.m.-12:30 p.m.	Lapidary Workshop Wrap-around Safety Glasses are Required!
TUESDAY	9:00 a.m.-12:00 noon	Shuffleboard
WEDNESDAY	8:05-9:35 a.m.	“Fitness Difference for Seniors” Fee: \$69.00/Term (3/27/17 - 6/16/17) Co-Sponsored by Torrance Adult School - Older Adult Program (310/533-4689)
	9:00 a.m.-3:00 p.m.	Beadwork Workshop
THURSDAY	9:00 a.m.	Ceramics Workshop
	9:30 a.m.-12:30 p.m.	Lapidary Workshop Wrap-around Safety Glasses are Required!
	12:30 p.m.	Thursday Afternoon at the Movies
FRIDAY	9:30-11:30 a.m.	Open Crafts Workshop
	12:30-2:30 p.m.	Seniors Open Discussion Group
SATURDAY	9:00 a.m.	Cards and assorted table games are played
	9:30 a.m.	“The Swinging, Singing Seniors” Newcomers WELCOME!
	9:30-11:00 a.m.	South Bay Strummers Ukulele Group
	12:30 p.m.	Saturday Afternoon at the Movies
SUNDAY	12:30-4:00 p.m.	Bartlett Center is Open! Drop on in!



Special Notes: Legal Advice is available by appointment on the first Tuesday of the month at 11:00 a.m. and the third Tuesday of the month at 1:30 p.m. Please call 310/320-5918 to make an appointment.

HICAP (Health Insurance Counseling and Advocacy Program) - Counselor Doris Herzog provides free assistance with Medicare and other health insurance information on the first and third Wednesday of each month.

Please call 310/320-5918 to make an appointment.

Free computer training is available by appointment on Monday afternoons.

Please call 310/320-5918 for more information or to make an appointment.

HERMA TILLIM CITIZENS CENTER

3612 W. Artesia Blvd. 310/329-1889

Tuesday, Wednesday, and Thursday ☺ 9:00 a.m. to 3:00 p.m.

TUESDAY	9:00 a.m. - 3:00 p.m.	Bridge and Table Games
	9:30 a.m.	Jewelry Workshop w/ Diana
	9:30 - 11:30 a.m.	2nd Tuesday of the month Torrance Loving Care “TLC” Greeting cards workshop
WEDNESDAY	9:30 a.m.	1 st Tuesdays of the month Gentle Fitness - Free!
	9:30 a.m.	Watercolor Workshop
	10:15 a.m.	Hanna Somatic Movement Therapy - Free!
	11:30 a.m. – 2:30 p.m.	Hand and Foot - card game
	12:30 - 3:00 p.m.	Movie Matinee 1 st Wednesday of the month
THURSDAY	9:00 a.m. - 3:00 p.m.	Center is Open
	12:30 - 3:00 p.m.	Bingo – Play Bingo with friendly people. We have a very nice group, and a great caller! Please bring a canned good or non-perishable item worth \$1.00



THURSDAY AND SATURDAY MATINEES!
FREE MOVIES AND POPCORN
BARTLETT CENTER CONFERENCE ROOM AT 12:30 P.M.



May 4 and 6	<i>Seems Like Old Times</i> Rated PG	Goldie Hawn Chevy Chase Charles Grodin
May 11 and 13	<i>Cool Hand Luke</i> Not Rated	Paul Newman George Kennedy J. D. Cannon
May 18 and 20	<i>The Color Purple</i> Rated PG-13	Whoopie Goldberg Danny Glover Margaret Avery
May 25 and 27	<i>4 Minute Mile</i> Rated PG	Kelly Blatz Richard Jenkins Cam Gigandet
June 1 & 3	<i>The Shop Around the Corner</i> Not Rated	Margaret Sullivan James Stewart Frank Morgan
June 8 and 10	<i>Louder Than Words</i> Rated PG-13	David Duchovny Hope Davis Timothy Hutton
June 15 and 17	<i>Places in the Heart</i> Rated PG	Sally Field John Malkovich Ed Harris
June 22 and 24	<i>Nell</i> Rated PG-13 for nudity.	Jodie Foster Liam Neeson Natasha Richardson
June 29 July 1	<i>Rudy</i> Rated PG	Sean Astin Ned Beatty Charles S. Dutton

SEATING IS LIMITED TO 25 PEOPLE - NO RESERVED SEATS - DOOR OPENS AT 12:00 NOON!
FEATURED FILM SELECTION IS SUBJECT TO CHANGE DUE TO AVAILABILITY!



ART on ARTesia!

New Watercolor Workshop
Tillim Center

3612 W. Artesia Blvd. in Torrance

Wednesdays 🎨 9:30 a.m. – 12:30 p.m.

Come join this friendly group of watercolor artists!

All levels are welcome.

\$2.00 fee



SEA-AIRE SENIOR CITIZENS GOLF CLUB

Sea-Aire Park - 22730 Lupine Drive – 310/543-4653 - 9 holes

Meets Every FRIDAY from 8:30 to 11:00 a.m.

Upcoming general meetings are May 3 and June 9, 2017

If you are a senior and would enjoy getting out for a morning of “pitch and putt” competition and good fellowship, come on out and see what we have to offer!

*Join Friends of South Bay Village for some
old fashioned fun celebrating Memorial Day!*

Walteria Senior Center

3855 W. 242nd Street

Monday, May 22, 2017

12 noon – 2:30 p.m.

Light refreshments!



South Bay Village



Bartlett Café

Bartlett Senior Citizens Center Lunch Program ~ May 1 – 26, 2017

1318 Cravens Avenue, Torrance

11:30 a.m. \$2.50 per lunch Coffee 50¢ (free refills all day)

FOR RESERVATIONS, PLEASE CALL: 310/320-5918



Monday, May 1	Tuesday, May 2	Wednesday, May 3	Thursday, May 4	Friday, May 5
Chicken Noodle Soup ½ Meatloaf Sandwich Ritz Crackers Rocky Road Ice Cream	Fish Almandine Scalloped Potatoes Zucchini Dessert	 Kalua Pork Steamed Rice Island Salad Dinner Roll Birthday Cake	Cabbage Rolls Mashed Potatoes Vegetable Dessert	Chef's Salad Dinner Roll Chocolate Bartlett Tartlet
Monday, May 8	Tuesday, May 9	Wednesday, May 10	Thursday, May 11	Friday, May 12
Swiss Steak Mashed Potatoes Broccoli Dessert	BBQ Chicken Baked Beans Coleslaw Dessert	Corned Beef Hash Scrambled Eggs Hash Browns English Muffin w/ Jam Fruit Cup	 Fish Tacos Spanish Rice Refried Beans Chips & Salsa Strawberry Ice Cream	Spaghetti w/ Meat Sauce Green Salad Garlic Bread Dessert
Monday, May 15	Tuesday, May 16	Wednesday, May 17	Thursday, May 18	Friday, May 19
Rueben Sandwich on Rye Potato Salad Cheez-It® Crackers Vanilla Ice Cream	Chicken Taco Salad Dinner Roll Dessert	Hamburger Deluxe Potato Salad Sun Chips Dessert	 Baked Chicken Potatoes au Gratin Peas Dessert	Beef Stew Green Salad Biscuit w/ Honey Cherry Jello w/ Fruit
Monday, May 22	Tuesday, May 23	Wednesday, May 24	Thursday, May 25	Friday, May 26
Cobb Salad Croissant Dessert	 Bean & Cheese Burrito Spanish Rice Corn Salad Dessert	Sloppy Joes Garden Salad Potato Chips Raspberry Sherbet	 Tuna Melt 3-Bean Salad Fresh Fruit Dessert	Chicken Florentine Bow Tie Pasta Green Salad Dessert



Bartlett Café






Bartlett Senior Citizens Lunch Program ~ May 29 – June 23, 2017

1318 Cravens Avenue, Torrance

11:30 a.m. \$2.50 per lunch Coffee 50¢ (free refills all day)

FOR RESERVATIONS, PLEASE CALL: 310/320-5918



Monday, May 29	Tuesday, May 30	Wednesday, May 31	Thursday, June 1	Friday, June 2
Bartlett Center is Closed for Memorial Day 	Vegetable Soup ½ Sandwich Chips Dessert	Hot Roast Beef Sandwich Mashed Potatoes Peas & Carrots Dinner Roll Birthday Cake 	Fish Tacos Corn & Black Bean Salad Cilantro-Lime Rice Chips & Salsa Dessert	Macaroni & Cheese Broccoli Fruit Salad Dessert
Monday, June 5 Grilled Polish Sausage Boiled Red Potatoes Corn & Lima Beans Dessert	Tuesday, June 6 Pork Chile Verde Burrito Spanish Rice Refried Beans Chocolate Pudding	Wednesday, June 7 Cheeseburger Deluxe 3-Bean Salad Potato Chips Dessert	Thursday, June 8 BBQ Chicken Scalloped Potatoes Vegetable Dinner Roll Dessert 	Friday, June 9 Fisherman's Stew Garlic Bread Spumoni
Monday, June 12 Spaghetti w/ Meat Sauce Green Salad Garlic Bread Rice Pudding 	Tuesday, June 13 Corny Dog Macaroni Salad Potato Chips Dessert	Wednesday, June 14 ½ Tuna Melt on Rye Potato- Broccoli Soup Dessert	Thursday, June 15 Shepherd's Pie Vegetable Coleslaw Cookies	Friday, June 16 Chicken & Dumplings Green Salad Dessert
Monday, June 19 Chicken & Cheese Enchilada Casserole Spanish Rice Chips & Salsa Vanilla Pudding	Tuesday, June 20 Baked Fish w/ Lemon Sauce Wild Rice Medley Peas Brownie	Wednesday, June 21 Meat Loaf Mashed Potatoes Vegetable Dessert 	Thursday, June 22 Sweet & Sour Pork Steamed Rice Asian- Style Vegetables Almond Cookie	Friday, June 23 Corned Beef Sandwich on Rye Cole Slaw Chips Dessert



Bartlett Café

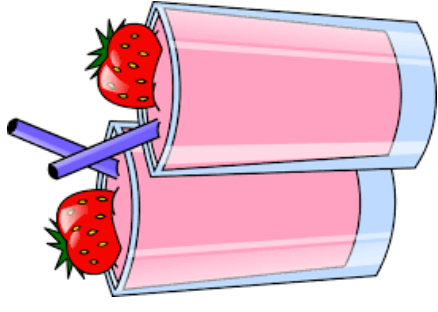
Bartlett Senior Citizens Center Lunch Program

June 26 – 30, 2017

11:30 a.m. 1318 Cravens Avenue, Torrance

For reservations, please call 310/320-5918.

\$2.50 per lunch Coffee 50¢ (free refills all day)



Monday June 26	Tuesday June 27	Wednesday June 28	Thursday June 29	Friday June 30
Meat Loaf	Chicken Florentine	Beef & Potato Burrito	Tuna Sandwich on Rye	Polish Sausage
Mashed Potatoes	Bow Tie Pasta	Spanish Rice	Potato Salad	Sauerkraut
Peas	Green Salad	Chips & Salsa	Sun Chips®	Scalloped Potatoes
Dessert	Dessert	Dessert	Dessert	Chocolate Chip Ice Cream





**CITY OF
TORRANCE**

Community Services Department
3031 Torrance Boulevard
Torrance, CA 90509-2970

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